

LEADING with Emotional Intelligence

Game changing for business, life changing for people

1-Day Workshop Program

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Dates: Selected by Client (min 5 delegates)

Times: 8.00am to 17.00pm

Venue: Definitive Conferencing Centre

Harmelia, Edenvale

Or

Clients Premises

Rand Value: R 3650.00 ex vat PP (Discount on larger numbers)

Includes: **A LEADERSHIP Emotional Intelligent Assessment as Pre-Work**
All Training Materials

For further information and bookings: teresam@degasa.co.za

With Marcus van Wyk



Marcus is a leading South African Speaker, Teacher, Assessor, and Writer in applied emotional intelligence for leadership, sales, and workplace human development. Marcus is a certified emotional intelligence practitioner with Genos International.

Marcus has a platform of ideas, training and human assessments dedicated to the advancement of emotional intelligence for the people excellence. Marcus speaks to organizations with a wealth of experience in human development and getting ahead in a competitive environment with their greatest assets – their PEOPLE!

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Workshop Program Overview



Leadership is fundamentally about facilitating high performance, getting others to do things effectively and efficiently. One of the most important applications of emotional intelligence is in helping leaders foster a workplace climate conducive to high performance. These workplaces yield significantly higher productivity, retention, and profitability, and emotional intelligence appears key to this competitive advantage. There is a wealth of literature detailing with the impact emotion has on individuals' performance. This research has shown for example, that people perform their best at work when they feel involved in purposeful work that develops who they are, when they feel valued, cared for, consulted, respected, informed and understood. This research has also shown that people often perform their worst when they feel unproductive feelings such as feeling overly worried, frustrated, concerned, stressed, inadequate and fearful. Research has shown that emotions influence our decisions, behaviour and performance. This influence can be both conscious (that is we are aware of it) and non-conscious (that is we aren't aware of it). Research has shown that we are typically not conscious of the influence emotion is having on our decisions, behaviour and performance about 85% of the time. Finally, the science has also shown us that emotions can influence us in these areas in productive and unproductive ways.

Preparation

As preparation for the workshop attendees will complete a personal leadership emotional intelligence assessment. The report will be used in conjunction with the emotional intelligence development materials.

Learning Outcomes

- An in-depth understanding of emotional intelligence and how to practically apply it in the leadership of people.
- Insight into how often they currently demonstrate emotionally intelligent leadership behaviours and what to do to enhance it.
- A tool kit, process, and techniques for being more emotionally intelligent in the leadership of people.

During this program you will improve your understanding of emotions and emotional intelligence. You will also explore and practice tools and techniques for applying emotional intelligence in leadership and creating high performance in others on that basis.

